



Get to know **Patient One MediNutritionals**[®]

HIGH QUALITY, SCIENCE-BACKED SUPPLEMENTS YOU CAN TRUST

- ▶ Developed by our team of experts — nutritionists, scientists and medical clinicians
- ▶ Formulated with today's leading patented ingredients, supported by extensive clinical research to promote predictable results
- ▶ Science-backed dosing and combinations
- ▶ Rigorously tested, quality confirmed products



GMP Registered
www.nsf.org

WHY YOUR PRACTITIONER RECOMMENDS **PATIENT ONE**

- ▶ To ensure patients benefit from premium quality, effective nutritional supplements. Supplement quality can vary greatly from brand to brand. Patient One is a trusted, healthcare professional line.
- ▶ To support your overall wellness with coordinated care, providing proper guidance in selecting products that take your individual health issues and concerns into account

Bone, Joint & Muscle Support

Cartilage Care

Proven ingredients promote cartilage repair and lubrication for joint flexibility and comfort

CT Joint Care

Connective tissue and joint support complex for healthy inflammatory response and joint function and comfort

Enflamen™

Comprehensive formula modulates whole-body inflammation and provides targeted joint support

Evening Primrose Oil

Supplies gamma linolenic acid to provide soothing support for joints. Promotes cellular health. 1000 mg.

Hyaluronic Acid

Promotes joint comfort and youthful skin. Supports skin hydration and joint lubrication.

MuscleCare™

Electrolytes and herbs help relieve nighttime leg cramps and muscle cramps from exercise as well as relax general muscle tension

OsteoOne™

Comprehensive formula, patented nutrients to support bone health, bone density and skeletal strength

Potassium 99 mg

Nutritional support for cardiovascular function, muscle and bone health, and kidney function

Turmeric (500 mg & 1000 mg)

Promotes normal inflammatory response. Supports joint health and more

ALSO SEE: Calcium w/ D3, Magnesium, Omega 800, Omega 2800, Vitamin D3

Emotional Wellness & Stress

5-HTP 100 mg

Support for healthy mood, sleep and stress. Available with and without Vitamin B6

Omega 2800

High potency liquid fish oil supports inflammatory response and more. High EPA shows mood-stabilizing properties.

SHARPKids Omegas

High EPA, concentrated liquid fish oil supports cognitive and emotional development of children and promotes positive mood

Theanine 200 mg

Helps moderate stress. Promotes a sense of calm and relaxation without drowsiness.

ALSO SEE: B-Complex, B-12

Nerve Health

Alpha Lipoic Acid 200 mg and 600 mg

Promotes healthy vascular function. Multi-functional antioxidant activity to support healthy cells.

NerveCare™

Research-backed natural ingredients that support healthy nerve function & nerve comfort. Helps defend against diabetic-related concerns.

ALSO SEE: B-Complex, B-12

Cognitive Support

NeuroOne™

Broad-spectrum formula promotes cognitive performance and supports memory, focus, and mental clarity

Omega 2800

Ultra-pure, high potency liquid fish oil supports inflammatory response, cognition / brain function and more. Natural lemon flavor.

Q-Folate 800 mcg

Advanced 5-MTHF form of folate (Quatrefolic®). Supports mental function plus cellular and cardiovascular health

SHARPKids Omegas

High EPA, concentrated ultra-pure liquid fish oil to support cognitive and emotional development and overall health of children

Turmeric (500 mg & 1000 mg)

Promotes anti-inflammatory and neuro-protective action. Includes black pepper for enhanced absorption.

ALSO SEE: B-Complex, Cogni-Sharp, Omega 800, Theanine

Cardiovascular/Lipid Support

Alpha Lipoic Acid 200 mg and 600 mg

Promotes healthy vascular and nerve function. Multi-functional antioxidant activity to support healthy cells

Cholest-Plex

Supports heart and circulatory health. Supports normal triglyceride and LDL levels

Coenzyme Q10 100 mg

CoQ10 solubilized in organic extra virgin olive oil for enhanced absorption and utilization. Supports cardiac health and mitochondrial energy production.

Homocysteine Cardioplex

Maintains homocysteine levels for optimal cardiovascular health. Promotes endothelial function.

Olive Leaf Extract

Supports healthy blood pressure and lipid levels. Promotes healthy arterial function.

Omega 800

Supplies ultra-pure fish oil (430mg EPA + 290mg DHA) in triglyceride form (softgels)

Omega 2800

Ultra-pure, high potency liquid fish oil to support inflammatory response, heart health, cognition and mood. Natural lemon flavor.

Phytosterol Complex

Promotes cardio health and supports cholesterol levels within a normal range. Promotes prostate and liver health.

Pycnogenol OPC Complex 300 mg

Super antioxidant formula promotes overall healthy aging, heart health, clear respiration, healthy inflammatory response and youthful skin & eyes

Red Yeast Rice w/ CoQ10

Promotes myocardial energy production and protects heart tissues from oxidative stress. Supports healthy cholesterol levels.

Ubiquinol 100mg

Active antioxidant form of CoQ10 with superior bioavailability in adults over 40

ALSO SEE: Pycnogenol OPC Complex, Niacin 500 mg

Gastrointestinal Support

Flora-Biotic™ Ultra	10 strain probiotic, 47.5 Billion CFU. Shelf Stable. Supports gut microbiome, immune function and normal vaginal flora.
Flora Maintenance	10-strain probiotic combined with FOS prebiotic. 25 Billion CFU. Shelf stable
GastroOne™ Gut Health Formula	Comprehensive powder formula combines 12 synergistic ingredients associated with GI tract and mucosal lining health. <i>Shellfish free.</i>
GI-One™	Digestive enzyme complex supports digestive comfort, food metabolism, nutrient absorption and intestinal flora balance
Olive Leaf Extract 500 mg	Promotes a healthy intestinal environment. Supports heart health and immunity
DigestPlex	Hydrochloric acid combined with key enzymes to optimize food metabolism and gastric comfort
Saccharomyces boulardii	Probiotic yeast supports healthy bowel function and balanced microflora. 5 Billion CFU. Protects against infectious diarrhea.

ALSO SEE: Berberine, Turmeric

Endocrine Support

Adrenal D-Stress	Rejuvenates healthy adrenal performance. Helps ease stress-induced mental fatigue and restore energy
Berberine 500 mg	Supports healthy glucose and insulin metabolism. Promotes intestinal health.
DHEA 25 mg & 50 mg	Support for adrenal health, emotional well-being, immune function and fat metabolism
Glucose Care	Comprehensive formula supplies natural glucose-regulating compounds and minerals
Thyroid Maintenance	All-in-one formula for healthy thyroid function and hormone synthesis

ALSO SEE: 5-HTP, Melatonin, Metabolic Care, Olive Leaf

Detox & Weight Management

LiverCare™	Herbs and antioxidants to optimize liver health and toxin filtering activities. Enhances fat metabolism within liver.
Milk Thistle 250 mg	Supports healthy liver function. Promotes natural toxin elimination and healthy hepatic function
Metabolic Care	Synergistic fatty acids for healthy body composition / weight management, balanced glucose levels, and cardio health.
NAC 600 mg N-Acetyl-L-Cysteine	Support for immune system function, respiratory health, detoxification and cardiac function

ALSO SEE: DHEA, 5-HTP

Immune & Respiratory Support

Enflamen™	Modulates inflammation throughout the body and promotes normal immune response
Flora Maintenance	10-strain probiotic combined with FOS prebiotic. 25 Billion CFU. Shelf stable
Immune Maintenance	Comprehensive foundational nutrition for healthy immune function. For use seasonally and throughout the year.
L-Lysine 500 mg	Nutritional support for immune function, muscle health and tissue repair
SinusCare	Use for seasonal relief or throughout the year for healthy sinus, nasal, lung and respiratory function
ViraCare™	Fast-acting, short-term support for upper respiratory health. Helps suppress herpes and other viruses.
Vitamin C-1000 w/ Bioflavonoids	Provides immune defense. Rapidly absorbed form of Vitamin C, plus citrus bioflavonoids for enhanced effectiveness

ALSO SEE: Melatonin, NAC, Olive Leaf Extract, *S. Boulardii*, Vitamin D3, Zinc

Eye Care

Dry Eye Care	Soothing support for dry, irritated eyes. Promotes normal tear function and healthy protective tear film
Meso-Z Vision	Naturally filters high-energy blue light and promotes macular health and visual acuity
OpticOne™	Support for optic nerve health and optimal eyesight function. Promotes proper flow of eye fluid and decreases IOP
VisiOmega™ Macular Formula	Protects photoreceptor cells while optimizing eye health and comfort plus visual performance. Provides night vision, contrast and glare support

ALSO SEE: Pycnogenol OPC Complex

Men's & Women's Health

Evening Primrose Oil	Supports healthy skin and joints. Promotes premenstrual and menopause comfort
Primary Care Men's Daily™ & Women's Daily™	Proprietary organic whole food and herbal blend, enhanced with gender-specific support
Prostate FA Plus	Blend of herbal extracts, carotenoids, fatty acids, phytosterols and antioxidants to promote prostate, urinary tract and reproductive health

ALSO SEE: DHEA, Phytosterol Complex

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Vitamins & Minerals

B-12 Lozenges

Methylcobalamin lozenges promote cardiovascular and nervous system health

B-Complex

Complete spectrum of B vitamins in their active forms plus related nutrients. Features folate as 5-MTHF

Biotin 8mg

Supports hair, nail and skin health. Promotes glucose metabolism and nerve function

Calcium Citrate with Vitamin D3

Includes Vitamin D3 to enhance calcium absorption. Supports bone health and skeletal strength

Iron Chelate 28 mg

Essential mineral for red blood cell formation. Highly absorbable and gentle form

Magnesium Chelate 200 mg

Supports bone health, muscle and nerve function, and energy cycle. Highly absorbable and gentle form

Primary Care Men's & Women's Daily™

Proprietary organic whole food and herbal blend, enhanced with gender-specific support

Q-Folate 800 mcg as 5-MTHF

Folate as 5-MTHF Quatrefolic® for enhanced bioavailability. Supports mental clarity and function and normal homocysteine levels

Vitamin C-1000 w/ Bioflavonoids

Clinically proven, patented form of Vitamin C that is rapidly absorbed, plus citrus bioflavonoids for enhanced effectiveness

Vitamin D3 5000 & 10000 IU

Absorbable D3 for calcium bioavailability. Supports bone, cardiovascular & immune health

Vitamin K2-7+D3

Synergistic combination to support bone strength and cardiovascular health

Zinc Glycinate 30 mg

Supports immune and neurological function, growth, nutrient metabolism and reproductive health. Gentle, highly absorbable chelated form

Sleep / Relaxation Support

Melatonin

Helps regulate sleep/wake cycle. Available in 5mg and 3mg Gradual Release

MuscleCare™

Promotes relaxation of tense, cramped muscles and supports a restful night's sleep

ALSO SEE: 5-HTP, Theanine

Healthy Aging

Coenzyme Q10 100 mg

CoQ10 solubilized in organic extra virgin olive oil for enhanced absorption and utilization. Supports cardiac health and mitochondrial energy production.

Pycnogenol OPC Complex 300 mg

Super antioxidant formula promotes overall healthy aging, heart health, clear respiration, healthy inflammatory response and youthful skin & eyes

Ubiquinol 100 mg

Active antioxidant form of CoQ10 with superior bioavailability in adults over 40

NeuroOne™

Broad-spectrum formula promotes cognitive performance and supports memory, focus, and mental clarity

ALSO SEE: Alpha Lipoic Acid, Biotin, Evening Primrose, Hyaluronic Acid

To order Patient One supplements, contact your health care professional below, call (631) 390-9669, or visit www.patientoneformulas.com

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